

Resource Summary Report

Generated by PRECISE-TBI on Aug 2, 2026

Strong Star

RRID:SCR_003132

Type: Tool

Proper Citation

Strong Star (RRID:SCR_003132)

Resource Information

URL: <http://www.crdamc.amedd.army.mil/behav-health/strong-star.aspx>

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Description: A multidisciplinary and multi-institutional research consortium to develop and evaluate the most effective early interventions possible for the detection, prevention, and treatment of combat-related posttraumatic stress disorder (PTSD) in active-duty military personnel and recently discharged veterans. Complementary investigations are focused on the root causes of PTSD, including biological factors that influence PTSD susceptibility and recovery; the influence of comorbid physical and psychological ailments; and the interaction of cognitive-behavioral therapies and pharmacologic treatments. The full cohort of STRONG STAR trials include: Treatment Studies, Biological Studies, Epidemiological Studies, and Preclinical Studies. STRONG STAR is currently conducting three clinical treatment trials at Carl R. Darnall Army Medical Center (CRDAMC). The studies are examining the effectiveness of Cognitive Processing Therapy (CPT), Prolonged Exposure Therapy (PE) and Cognitive Behavioral Therapy for Insomnia (CBTi) with active duty service members. Treatments are offered in individual, group, and online formats, and last from two to eight weeks. Study participants must be active duty service members who will remain in the Ft Hood area for at least 34 months to complete initial assessments and treatment programs. Referrals to the treatment studies can be made through a behavioral health provider or through self-referral., THIS RESOURCE IS NO LONGER IN SERVICE. Documented on September 16, 2025.

Abbreviations: STRONG STAR

Synonyms: South Texas Research Organizational Network Guiding Studies on Trauma and Resilience

Resource Type: clinical trial, data or information resource, portal, research forum portal, topical portal, disease-related portal

Keywords: treatment, military, cognitive processing therapy, prolonged exposure therapy, cognitive behavioral therapy, detection, prevention, diagnosis, active duty, veteran,

clinical, pharmacologic treatment, preclinical, combat-related post-traumatic stress disorder

Related Condition: Post-Traumatic Stress Disorder, Insomnia

Funding: United States Department of Defense

Availability: THIS RESOURCE IS NO LONGER IN SERVICE

Resource Name: Strong Star

Resource ID: SCR_003132

Alternate IDs: nlx_156784

Record Creation Time: 20220129T080217+0000

Record Last Update: 20260801T190203+0000

Ratings and Alerts

No rating or validation information has been found for Strong Star.

No alerts have been found for Strong Star.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We have not found any literature mentions for this resource.