

Resource Summary Report

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NIH Toolbox Standing Balance Test

RRID:SCR_003628

Type: Tool

Proper Citation

NIH Toolbox Standing Balance Test (RRID:SCR_003628)

Resource Information

URL: <http://www.nihtoolbox.org/WhatAndWhy/Motor/Balance/Pages/Balance.aspx>

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Description: A measure to assess static standing balance that involves the participant assuming and maintaining up to 5 poses for 50 seconds each. The sequence of poses is: eyes open on a solid surface, eyes closed on solid surface, eyes open on foam surface, eyes closed on foam surface, eyes open in tandem stance. Detailed stopping rules are in place to ensure participant safety with these progressively demanding poses. Postural sway is recorded for each pose using an accelerometer that the participant wears at waist level. This test takes approximately 7 minutes to administer and is recommended for ages 3-85.

Synonyms: Standing Balance Test

Resource Type: material resource, assessment test provider

Keywords: motor, balance

Resource Name: NIH Toolbox Standing Balance Test

Resource ID: SCR_003628

Alternate IDs: nlx_157779

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Record Last Update: 20260813T054850+0000

Ratings and Alerts

No rating or validation information has been found for NIH Toolbox Standing Balance Test.

No alerts have been found for NIH Toolbox Standing Balance Test.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We have not found any literature mentions for this resource.