

# Resource Summary Report

Generated by T1D on Sep 5, 2026

## NIH Toolbox 4-Meter Walk Gait Speed Test

RRID:SCR\_003632

Type: Tool

### Proper Citation

NIH Toolbox 4-Meter Walk Gait Speed Test (RRID:SCR\_003632)

### Resource Information

**URL:** <http://www.nihtoolbox.org/WhatAndWhy/Motor/Locomotion/Pages/NIH-Toolbox-4-Meter-Walk-Gait-Speed-Test.aspx>

**Proper Citation:** NIH Toolbox 4-Meter Walk Gait Speed Test (RRID:SCR\_003632)

**Description:** Assessment test to measure gait speed where participants are asked to walk a short distance (4 meters) at their usual pace. Participants complete one practice and then two timed trials. Raw scores are recorded as the time in seconds required to walk 4 meters on each of the two trials, with the better trial used for scoring. The 4-Meter Walk Gait Speed Test is adapted from the 4-meter walk test in the Short Physical Performance Battery. The test takes approximately 3 minutes to administer (including instructions and practice). This test is recommended for ages 7-85.

**Synonyms:** 4-Meter Walk Gait Speed Test

**Resource Type:** assessment test provider, material resource

**Keywords:** motor, locomotion, gait, speed

**Resource Name:** NIH Toolbox 4-Meter Walk Gait Speed Test

**Resource ID:** SCR\_003632

**Alternate IDs:** nlx\_157782

**Record Creation Time:** 20220129T080220+0000

**Record Last Update:** 20260904T000457+0000

### Ratings and Alerts

No rating or validation information has been found for NIH Toolbox 4-Meter Walk Gait Speed Test.

No alerts have been found for NIH Toolbox 4-Meter Walk Gait Speed Test.

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## Data and Source Information

**Source:** [SciCrunch Registry](#)

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## Usage and Citation Metrics

We have not found any literature mentions for this resource.