

Resource Summary Report

Generated by T1D on Aug 1, 2026

Karolinska Sleepiness Scale

RRID:SCR_024212

Type: Tool

Proper Citation

Karolinska Sleepiness Scale (RRID:SCR_024212)

Resource Information

URL: <https://www.tandfonline.com/doi/abs/10.3109/00207459008994241>

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Description: The scale measures subjective level of sleepiness at particular time during the day. On this scale subjects indicate which level best reflects the psycho-physical state experienced in the last 10 min. KSS is measure of situational sleepiness.

Resource Type: data or information resource

Defining Citation: [PMID:2265922](#)

Keywords: Sleepiness scale, psycho-physical state, subjective level of sleepiness measurement test, sleepiness at particular time during the day, situational sleepiness, situational sleepiness test,

Availability: Free, Freely available

Resource Name: Karolinska Sleepiness Scale

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Alternate URLs: [https://www.med.upenn.edu/cbti/assets/user-content/documents/Karolinska%20Sleepiness%20Scale%20\(KSS\)%20Chapter.pdf](https://www.med.upenn.edu/cbti/assets/user-content/documents/Karolinska%20Sleepiness%20Scale%20(KSS)%20Chapter.pdf)

Record Creation Time: 20230826T050222+0000

Record Last Update: 20260725T191035+0000

Ratings and Alerts

No rating or validation information has been found for Karolinska Sleepiness Scale.

No alerts have been found for Karolinska Sleepiness Scale.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We found 1 mentions in open access literature.

Listed below are recent publications. The full list is available at [T1D](#) .

Hohenester M, et al. (2023) Single sessions of transcranial direct current stimulation and transcranial random noise stimulation exert no effect on sleepiness in patients with narcolepsy and idiopathic hypersomnia. *Frontiers in psychiatry*, 14, 1288976.