

Resource Summary Report

Generated by ASWG on Aug 10, 2026

Binge Eating Scale

RRID:SCR_003694

Type: Tool

Proper Citation

Binge Eating Scale (RRID:SCR_003694)

Resource Information

URL: <http://psychology-tools.com/binge-eating-scale/>

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Description: A 16 item questionnaire used to assess the presence of binge eating behavior indicative of an eating disorder that was devised specifically for use with obese individuals. The questions are based upon both behavioral characteristics (e.g., amount of food consumed) and the emotional, cognitive response, guilt or shame. Each question has 3-4 separate responses assigned a numerical value. The score range is from 0-46: * 17 Non-Binging * 18-26 Moderate Binging * 27 and greater Severe Binging (Adapted from Wikipedia)

Abbreviations: BES

Resource Type: assessment test provider, material resource

Keywords: binge eating

Related Condition: Eating disorder, Obesity

Availability: Free

Resource Name: Binge Eating Scale

Resource ID: SCR_003694

Alternate IDs: nlx_157847

Record Creation Time: 20220129T080220+0000

Record Last Update: 20260810T040347+0000

Ratings and Alerts

No rating or validation information has been found for Binge Eating Scale.

No alerts have been found for Binge Eating Scale.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We have not found any literature mentions for this resource.