

# Resource Summary Report

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## NIH Toolbox 2-Minute Walk Endurance Test

RRID:SCR\_003631

Type: Tool

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### Proper Citation

NIH Toolbox 2-Minute Walk Endurance Test (RRID:SCR\_003631)

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### Resource Information

**URL:** <http://www.nihtoolbox.org/WhatAndWhy/Motor/Endurance/Pages/NIH-Toolbox-2-Minute-Walk-Endurance-Test.aspx>

**Proper Citation:** NIH Toolbox 2-Minute Walk Endurance Test (RRID:SCR\_003631)

**Description:** Assessment test that measures sub-maximal cardiovascular endurance by recording the distance that the participant is able to walk on a 50-foot (out and back) course in 2 minutes. The participant's raw score is the distance in feet and inches walked in 2 minutes. The test is adapted from the American Thoracic Society's 6-Minute Walk Test Protocol. The test overall takes approximately 4 minutes to administer (with instructions and practice). This test is recommended for ages 3-85.

**Synonyms:** 2-Minute Walk Endurance Test

**Resource Type:** material resource, assessment test provider

**Keywords:** motor, endurance, cardiovascular

**Resource Name:** NIH Toolbox 2-Minute Walk Endurance Test

**Resource ID:** SCR\_003631

**Alternate IDs:** nlx\_157781

**Record Creation Time:** 20220129T080220+0000

**Record Last Update:** 20260801T191046+0000

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### Ratings and Alerts

No rating or validation information has been found for NIH Toolbox 2-Minute Walk Endurance Test.

No alerts have been found for NIH Toolbox 2-Minute Walk Endurance Test.

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## Data and Source Information

**Source:** [SciCrunch Registry](#)

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## Usage and Citation Metrics

We have not found any literature mentions for this resource.